

Tongue Tamer™ Tongue Guard

- 1. When sterilized and ready to use, tie dental floss to the hole in the tongue guard to allow for quick retrieval in the event of dislodgement or aspiration.
- 2. Slide the Tongue Tamer into the magnetic track on the Bite Buddy, ensuring that it is secure in the track.
- Position the Bite Buddy with the Tongue Tamer into the mouth according to the Bite Buddy instructions.
- 4. The Tongue Tamer can be removed with the Bite Buddy or slid from the track while the Bite Buddy remains in the patient's mouth. Simply hook your index finger around the tongue guard and pull it free from the magnetic track.

Sterilization Instructions:

Remove from packaging and sterilize all products according to these instructions before use.

Sterilization should be performed using chemical methods or via autoclave. Chemical sterilization is the recommended method of sterilization for added longevity of your products.

Autoclave Sterilization:

- Products should be cleaned as soon as possible after use to prevent soils from hardening. Remove all visible debris prior to sterilizing.
- 2. Process product through steam autoclave following the autoclave manufacturer's instructions. Do not exceed a temperature of 130°C/266°F.
- **3.** Store only in FDA approved sterilization pouch.

Please note: Insufficient water to the autoclave could cause parts to melt.

The Tongue Tamer is latex free.

As with all products containing magnets, please take care to avoid inadvertently deactivating such devices as pacemakers, ICD's and other implanted medical devices.

Be sure to take all necessary precautions to avoid dislodgement or aspiration by following the instructions in this pamphlet.

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